



LILY LIU

CAREGIVER

📍 Washington, DC

AFFILIATE GROUPS

- AARP Volunteer
- Alzheimer's Disease International (ADI)
- American Society on Aging (ASA)
- Chinese American Coalition for Compassionate Care (CACCC)
- Jewish Federation of North America (JFNA)
- National Council on Aging (NCOA)
- OAMHAD
- Parkinson's Disease Foundation
- Public Speaker on family caregiving – colleges and universities in U.S.
- Reimagine (end of life)
- Virtual Caregiver Support Group Facilitator

HAS BEEN WITH THE COUNCIL SINCE

February, 2023

BIOGRAPHY

Lily Liu is an advocate for family caregivers. As a family caregiver for over a decade, she has drawn from her lived experience to help empower other caregivers to seek out information and resources.

Lily is a public speaker about caregiving issues, highlighting her own journey as a 1.5-generation immigrant family caregiver. Most recently, she has incorporated her parents' experiences of war, refugee incarceration and exile into her presentation that spotlights patient-centered trauma-informed (PCTI) care. She presents in English, Mandarin Chinese and bilingually.

Lily participates in community-education events around the country to share the learnings from her own caregiving circumstances. Adopting the title of "The Dragon Daughter Caregiver," she encourages other family caregivers to have agency as everyone handles their wide range of daily caregiving tasks and responsibilities.

Lily's articles about her experiences as a family caregiver have been published online and in journals in the United States and the United Kingdom.

Lily immigrated to the U.S. as a child. Her translations of the essays of contemporary Chinese women writers have been published in journals in the United States and Asia.



DOROTHEA FOWLKES

CAREGIVER

(DEE)

📍 Annapolis, Maryland

AFFILIATE GROUPS

- JHPFAC
- AARP
- Dementia Friendly
- Tiz I Health & Wellness

BIOGRAPHY

I was a federal employee before my Daddy, Otis H. Fowlkes requested that I leave my employment to become his caregiver and I did it to the best of my ability from 2018 until his death in 2022.. I resigned to become his full-time/24-hour caregiver who was a Johns Hopkins Bayview and Veterans Affairs Administration patient who passed away from Alzheimer's Disease. Prior to the commitment of being a full-time caregiver, I enrolled and dedicated myself to take all classes concerning Dementia and Caregiving. These classes were given by JH Bayview, Alzheimer's Association, Department of Aging and Disabilities for Anne Arundel, Baltimore City, Baltimore, and Howard Counties, as well as online courses, from 2017 to 2022.. The education provided more than knowledge about my new journey, it introduced me into a world of advocacy for my Daddy, respect from his doctors, nurses, and social workers, as well as gave my Daddy assurance that he was my priority. He encouraged me to become a Certified Johns Hopkins Lay Health Educator in 2019. In 2020, upon the Alzheimer's Association's request, I testified 3 times before the Maryland hearings on caregivers and the mandatory education for healthcare professionals concerning dementia as well as had my own health and wellness program for the entire year, which was a success. Immediately after his death, I became sought after for advice and education. In 2023 I joined the Johns Hopkins Patients Family Advisory Committee as well as the Artificial Intelligence Stakeholder Team and became an event volunteer with AARP centering on caregiving and the health events. I enjoy building relationships, networking, as well as sharing caregiver resources from AARP and being a Certified Professional Travel Advisor.

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JOHN R. BURTON

CLINICIAN

 Baltimore, MD

AFFILIATE GROUPS

- Johns Hopkins retired Faculty in Geriatric Medicine

BIOGRAPHY

Graduate from McGill University School of Medicine in 1965. Trained in Internal Medicine at the Baltimore City Hospital (now the Johns Hopkins Bayview Medical Center) from 1965-1967 and 1969 to 1971. The two-year interruption (1967-69) was to serve as a Captain in the US Air Force with service in the Philippines. I did a year fellowship in Nephrology at the Massachusetts General Hospital in 1972-73. July 1973, I joined the faculty in Internal Medicine (Nephrology) at Johns Hopkins based at the Johns Hopkins Bayview Medical Center.

In 1976, I transitioned from nephrology to general internal medicine and served as the Medical Director of the Southeast Baltimore Community Medical Center. In 1983, I was asked to develop a program in Geriatric Medicine to serve seniors across the health care continuum: home care, office care, hospital care and long-term institutional care. My primary care practice was developed in partnership with Jane Marks, RN, MS.

My interests have been in care delivery and medical education. With a team, I participated in developing the Hospital at Home Program, which delivers hospital level care in the patient's home. With the support of the John A. Hartford Foundation, I participated in developing programs for specialists such as surgeons to become experts in caring for seniors. I served as the Director of the Division of Geriatric Medicine and was responsible for building the faculty, fellowship program and staff.

Now in retirement, my wife, Lynda, and I live at Broadmead, a continuing care retirement community in northern Baltimore County, where I chaired the Broadmead Residents Association Health Care Committee.

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GERALD JOGERST

CLINICIAN

 Iowa City, Iowa

AFFILIATE GROUPS

- Department of Family Medicine, University of Iowa

BIOGRAPHY

Gerald is a board-certified Family Medicine physician and geriatrician in the Department of Family Medicine at the University of Iowa. For forty years he has taught geriatrics to medical students, family and internal medicine residents and have directed a geriatrics fellowship. Clinically, he has provided patient care to older adults in a private office, hospitals, nursing homes, clinics, and home settings. He was the medical director of 5 nursing homes in Iowa and Arizona as well as the medical director of a life care retirement community for 20 years. Additionally, he directed the Geriatrics Assessment Clinic at the University of Iowa Hospitals and Clinics. His research has included investigation of the components of function impacting older adults' daily lives in both the United States and Russia. He has completed international studies (USA, Korea, Russia, India) comparing older adults' perceptions regarding late-life depression and physicians' palliative care practices. He has published extensively about elder mistreatment, which included studies on the occurrence of mistreatment in nursing homes and how mistreatment is related to state legislation and nursing home characteristics. His current role is providing mentorship to junior faculty in their pursuit of scholarly activities.

HAS BEEN WITH
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July, 2023



JOE SAMPLE

EXECUTIVE DIRECTOR

CONTACT

📍 Pleasantville, Iowa

AFFILIATE GROUPS

- Iowa Association of Area Agencies on Aging
- Sample Professional Services, L.L.C.

BIOGRAPHY

Joe is the executive director of Iowa Association of Area Agencies on Aging and CEO of Sample Professional Services, L.L.C. He has over twenty years of state government and non-government executive and management experience in health and human services. He has served with the Iowa Department on Aging, Heritage Area Agency on Aging, Iowa Department of Human Services, and Iowa Board of Medicine. Joe has served on the National Association of Area Agencies on Aging board, the Iowa Mental Health Planning and Advisory Council, the Iowa Developmental Disabilities Council, the Statewide Independent Living Council, the Warren County (Iowa) Public Health Board, and numerous other state and local boards and committees. Joe has conducted workshops, education programs, and keynote addresses in international, national, state, and local venues. He has been an instructor at Iowa State University and Grandview University.

Joe completed his Ph.D. at Iowa State University in human development and family studies with a focus on gerontology. His research emphasis is in aging and sexuality in the context of memory change. He has earned a M.A. in biomedical ethics and health policy from Loyola University-Chicago and a Master's in Public Administration from Drake University. Joe was recognized by Drake University's public administration Pi Alpha Alpha Honor Society with the Garry L. Frank Legacy Award in 2016.

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JANE MARKS RN, MS

CLINICIAN

 Baltimore, MD

AFFILIATE GROUPS

I am the Nurse Associate Director of the JH Geriatrics Workforce Enhancement Program (GWEP). In this role I provide education to healthcare professionals, caregivers and persons in the community regarding aging and caring for older adults. Our partners in the GWEP include primary care site, Central MD chapter of the Alzheimer's Association & the Living Well Center of Excellence. We also collaborate with local and state agencies.

BIOGRAPHY

I have been a nurse for 48 years. I graduated from Church Home and Hospital School of Nursing and completed my graduate program at the University of Maryland School of Nursing with a major in Gerontological Nursing. I have been in the Division of Geriatric Medicine and Gerontology for 38 years. I worked in primary care with Dr. Burton until 2019. Currently my focus is education. For the past 22 years I have been involved with a Health Resources and Services Administration (HRSA) grant that focuses on geriatric education. We partner with health systems and local organizations and agencies to provide education across the state. My special joys in life are my two grandsons!!

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LINDA BURSTYN

DIRECTOR OF COMMUNITY LIFE SERVICES

CONTACT

📍 Pikesville, MD

AFFILIATE GROUPS

- North Oaks Senior Living Community

BIOGRAPHY

In her role as Director of Community Life Services, Linda is responsible for planning and implementing North Oaks' robust calendar of activities and programs.

She previously served as Resident Services Coordinator at Weinberg Village from 2006-2023. Linda earned both her bachelor's and master's degrees from Towson University.

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JANE GAY

CAREGIVER

CONTACT

 Iowa City, Iowa

AFFILIATE GROUPS

BIOGRAPHY

I come to this Council as a 72 year old, 5x caregiver to family members both nearby and cross country, and many related professional experiences: 11 years community visiting home nurse for elderly and disabled including hospice; 28 years in the assistive technology field for persons of all ages and disability types but special interest in aging in place. As first staff and then director of the Iowa Program for Assistive Technology I worked with state/community/national agencies and organizations in the areas of education, work, health and community living.

I would say my first interest is in AI that will support safe, effective aging in place from the perspective of the person, caregiver and clinicians. I am also strongly interested in timely effective dissemination of project information to the right and possibly multiple audiences.

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THEODORA PETERS

CAREGIVER

 Baltimore, MD

AFFILIATE GROUPS

- Hopkins ElderPlus
- Johns Hopkins Health Systems
- National PACE Association (NPA)
- Education Committee

BIOGRAPHY

Theodora Peters is a Human Services professional with more than 25 years' experience developing and leading outreach efforts to address the health care and socio-economic needs of the elderly and underserved. She holds a MHS degree in Human Services from Lincoln University and is often invited to lend her knowledge and expertise on quality improvement and research projects related to elder care and caregiving.

For more than 25 years, she served as the Outreach/Marketing Coordinator at the Hopkins ElderPlus (PACE) Program of All Inclusive Care for the elderly, where she coordinated preventive, primary, acute, and long-term care services to enable older individuals to continue living in the community.

Theodora has an unwavering commitment to enriching and empowering the quality of life of the elderly and to supporting caregivers. In 2019, she was selected to participate in UNITED – an African American Church-based, faith-informed health care decision making research project for advance directives and end of life care. She was designated as the lead parishioner partner at the New Shiloh Baptist Church in Baltimore, MD, where she also serves as a Deacon for 26 years.

In this role, she recruited participants and educated the church members on the fundamentals of advanced care planning and end of life care. She is currently participating in a research project, funded by Stanford University called Family Centered Care in the Adult ICU. This project focuses specifically on the role and effectiveness of family members as part of the care team in an intensive care setting.

Theodora retired in 2022, but she remains actively engaged in advocating for the needs of seniors by providing education and support services for caregivers.

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LEIGH ANN EAGLE

CHIEF OPERATING OFFICER

📍 Salisbury, MD

AFFILIATE GROUPS

- Maryland Living Well Center of Excellence (LWCE)
- Health & Wellness Program at MAC, Inc.

BIOGRAPHY

Under her leadership, the Maryland Living Well Center of Excellence (LWCE) is connecting healthcare organizations with the AAA's and other community resources throughout the state. Ms. Eagle has been responsible for all aspects of program design and management for MAC, Inc. Health & Wellness Center. She was awarded the Distinguished Service Award by the MD Chapter of the American Trauma Society and was recognized by Susan G. Komen, Maryland with the Maryland Affiliate: Promise of One Award" in 2010. She is a Master Trainer for the Stanford Chronic Disease Self-Management and Cancer Thriving and Surviving and the Stepping On programs. She is certified in Patient Navigation. Ms. Eagle was appointed to the Leadership Committee, MD Department on Aging, is a member of the State Leadership Team for the Chronic Disease Self-Management Program, DHMH Minority Health & Health Disparities, promoting healthy equity & eliminating health disparities. She has managed a wide range of federal, state, and private foundation grants.

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